

# Woodgrange Medical Practice

November 2012 - January 2013

Dear patient,

The Patient Participation Group (PPG) is seeking your opinion about whether the practice should provide scales for weight and height as well as a self-check blood pressure machine in the Triage Room, next to Reception. These would be available for everyone to use during practice opening hours, and would give information about weight and Body Mass Index.

## Why are we asking?

If this equipment were to be introduced within the Practice, it would help people to take active steps towards monitoring and managing their own health, enabling them to reduce the risk of certain diseases that have a known link to being overweight and high blood pressure, such as Type 2 Diabetes, heart disease and stroke. The number of patients with these conditions is very high in Newham compared with the national average and is increasing over time.

Please answer the following questions as honestly as you can.

---

Please tick as appropriate:

QUESTION	YES	NO
1. Are you concerned about your weight?		
2. Are you concerned about your blood pressure?		
3. Would it be useful to have access to weighing scales in the Practice?		
4. Would it be useful to have a self-check blood pressure machine available at the practice?		
5. Would you use the weighing scales/blood pressure machine?		
6. Would you make any lifestyle changes if you discovered your weight and / or blood pressure were not in a healthy range?		
7. Any further comments?		

PTO

Many thanks for taking the time to answer the questions. Please post your completed questionnaire in the box in reception before you leave.

The consultation period will close on 31 January 2013. We will publish the combined results on the Patient Participation Group notice board in reception and on the WMP website in May.

<b>Gender (Circle one)</b>			
Male	Female	Transgender	Prefer not to say

<b>What is your age? (Circle one)</b>		
Under 25	35-44	55+
25-34	45-54	

**Ethnicity: are you? (Please tick one box)**

**White:**

- British
- Irish
- Any other White background

**Asian or Asian British:**

- Asian Bangladeshi
- Asian Indian
- Asian Pakistani
- Any other Asian background

**Chinese or Chinese British:**

- Chinese

**Black or Black British:**

- Black - African
- Black - Caribbean
- Any other Black background

**Dual Heritage:**

- Asian and White
- Black African and White
- Black Caribbean and White
- Chinese and White
- Any other background from more than one ethnic group

**Any other ethnic group (please give details):** .....

**I prefer not to say**

<b>How would you describe your faith, belief, religion? (Circle one)</b>	
Buddhist	Muslim
Christian (including Church of England, Catholic, Protestant and all other Christian denominations)	Other religion (please write in)
Hindu	Sikh
Jewish	None
Prefer not to say	

<b>What is your sexual orientation? (Circle one)</b>	
Bisexual	Heterosexual / straight
Gay man	Other
Gay woman / lesbian	Prefer not to say